2026 - SACD Women

6 - 11 Jul 2026

George

Team Details Eastern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	**BARNARD Kaylee (GK)**		19
2	**NAVIAS Erin**		
3	**MAKHOMBOTHI Mamello**		
5	**NEVELING Chanelle**		26
6	**FOURIE Lume**		20
7	**VERHEEM Renalda**		19
8	**SIBANDE Lindokuhle**		20
9	**LOTTER Iana**		
10	**PRETORIUS Shanel**		18
11	**KOCKOTT Amilee (C)**		25
13	**FOURIE Lizelle**		
14	**DU RANT Kylin**		21
15	**van der MERWE Kayleen**		
18	**NIENABER Cailyn**		
22	**KOCKOTT Shayna**		22
74	**KRIEL Tenika (C)**		25
81	**LEWARNE Arian (GK)**		
99	**WADLOW Gemma**		

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**du RANT Talanta**
Head Coach	**PELLEMU Bongani**

Team Colours

Shirts	Red | White
Skirts	Navy | Red
Socks	Red | Navy | White
GK Shirts	Pink | Black

Tournament Director: DELPORT Daphne (RSA)

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Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
4	**KEBLE Aleea**		23
6	**LAHER Samiha**		23
7	**BANFIELD Bianca**		27
8	**DE LANGE Anuchka**		22
9	**KARSTEN Kelly**		19
10	**MULLER Mieke**		19
11	**KAHN Shezaan**		23
12	**UNGERER Caitlyn**		23
13	**PITSO Mathapelo (C)**		31
14	**VUMAZONKE Sibabalwe**		
15	**FRASER Lauren**		19
16	**BROCKMAN Sadie**		37
17	**FOURIE Inge**		
18	**FANI Lumka**		27
19	**O'REILLY Shae**		27
23	**van ROOYEN Clarissa (C,GK)**		22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**OPPELT Tatum**
Head Coach	**HARMSE Che**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Yellow | Lime

Tournament Director: DELPORT Daphne (RSA)

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Team Details Eden A

Shirt No.	Player	Date of Birth	Age*
1	**NEL Mari (C,GK)**		40
2	**KIDWELL Hanna**		
3	**DAMONS Kelly**		34
4	**NICOL Shannon**		30
5	**PITT Rene (C)**		32
6	**VAN ANTWERP Jayda**		
7	**HONIBALL Kelly**		
8	**van BOSCH Tanya**		32
9	**HENNING Maruchelle**		33
10	**WASSERMAN Janine**		24
11	**VERMEULEN Kara**		24
12	**du PLESSIS Aimee**		28
13	**TERBLANCHE Casey-Jean**		
14	**MASUKU Nqobile**		
15	**CONRADIE Sune**		23
16	**BOOYENS Chanelle**		25
17	**LOSPER Zainab**		39
18	**MARITZ Maralise**		34

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**DAMONS Kevin**
Head Coach	**PITT Michael**

Team Colours

Shirts	Bottle Green | Navy Blue
Skirts	White (Bottle Green inset) | White (Navy inset)
Socks	White/Bottle Green Hoops
GK Shirts	Sky Blue | Green

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Team Details Eden B

Shirt No.	Player	Date of Birth	Age*
1	**GRAUPE Renate (GK)**		28
2	**SILVO Sasha-lee (GK)**		30
3	**MAY Brooke (C)**		33
4	**SIEMS Britney**		27
5	**ROB Gill**		38
6	**du PLESSIS Eulize**		20
7	**PRINSLOO Megan**		20
8	**FERREIRA Maaike**		25
9	**RENSBURG Martinè**		21
10	**AROSI Alakhe**		
11	**PETERSON Allison**		28
12	**CUPIDO Adriaana**		34
13	**OOSTHUIZEN Jessica**		24
14	**SCHEEPERS Danika**		23
15	**NEL Jenna**		21
16	**PICK Suretha (C)**		38
17	**CONRADIE Liesl**		19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**MEYER Janique**
Head Coach	**MENDOZA Kirk**

Team Colours

Shirts	Bottle Green | Navy Blue
Skirts	Bottle Green | Navy Blue
Socks	Bottle Green/White Hoops
GK Shirts	Sky Blue | Green

Tournament Director: DELPORT Daphne (RSA)

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Team Details KZN Coastals

Shirt No.	Player	Date of Birth	Age*
1	**SIBIYA Smile (GK)**		18
2	**MONYAI Nthati**		19
3	**BADENHORST Natasha**		39
4	**DU PREEZ Joey (C)**		19
5	**PILLAY Danielle**		34
6	**MCDONALD Catherine**		
7	**BOTHA Celeste**		28
8	**PILLAY Varetia**		33
9	**LATEGAN Tamryn**		26
10	**TRIMBORN Kelly**		27
11	**MEYER Sara-Leigh**		23
12	**PENNEFATHER Emma**		31
13	**BURGESS Daniella**		17
14	**VISSER Mari-Lee (C)**		30
15	**JANSE Emily**		31

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**SNYMAN Elma-Marie**
Head Coach	**LEAITY Cade**

Team Colours

Shirts	White (Black Stripes) | Black (White Stripes)
Skirts	Black
Socks	Black/White Hoops
GK Shirts	Pink | Black | Blue/Black (Yellow Ducks)

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Team Details Limpopo

Shirt No.	Player	Date of Birth	Age*
1	**TRÖGER Alana (GK)**		40
2	**GROBLER Anmari**		21
3	**ROSSOUW Christine**		25
4	**MAMABOLO Salome**		
5	**LOPES Mituxa**		37
6	**FOURIE Tanya**		29
7	**van SCHALKWYK Ashley**		39
8	**van HEERDEN Andri**		42
9	**GROSE Jess**		28
10	**TROLLIP Henriette**		36
11	**HAMER Kyla**		25
12	**NYALUNGA Zano**		
13	**MNUKWA Zimi**		20
14	**LETSOALO Dineo**		21
15	**NEL Marili**		19
18	**du PLESSIS Chantel (GK)**		36

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**VENTER Bercha**
Head Coach	**MABAYAH Tatenda**
Physiotherapist	**SENWAMADI Blatina**

Team Colours

Shirts	Red | Blue
Skirts	Red | Blue
Socks	Red (Blue/Wh Stripe) | Blue (Red/Wh Stripe)
GK Shirts	Yellow | Orange

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Team Details Mpumalanga Highveld

Shirt No.	Player	Date of Birth	Age*
1	**SEYFFERT Danielle (GK)**		19
2	**NHEKEDE Plaxedes**		18
3	**BEZUIDENHOUT Elandri**		20
4	**BRITZ Amke**		31
5	**MAMPURU Kamo**		23
6	**BARNARD Marni**		20
10	**CRONJE Luandre**		19
11	**VENTER Melissa (C)**		42
13	**PRINSLOO Carla (C)**		26
17	**POTGIETER Maxene**		31
24	**LEEMANS Karla**		19
67	**VOLSCHENK Letitia**		38
83	**GROBBELAAR Imke**		19
95	**MULLER Kaitlin**		19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**VENTER Fanus**
Head Coach	**DE JAGER Reynard**

Team Colours

Shirts	Pink (White Sleeve) | Yellow (Royal Blue Sleeve)
Skirts	White | Royal Blue
Socks	Pink | Royal Blue
GK Shirts	Purple | Orange

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Team Details Northerns Blues

Shirt No.	Player	Date of Birth	Age*
1	**DLADLA Bongeka (GK)**		22
2	**ROBBERTSE Kylann**		32
3	**STRYDOM Nicea**		
4	**RUDOLPH Nicola**		19
5	**MOTHUPI Rethabile**		22
6	**HERSELMAN Marli**		24
7	**DE WET Carla (C)**		27
8	**MYEZA Minenhle**		20
9	**de VILLIERS Neo**		22
10	**DORMEHL Rochelle**		20
11	**TALA Rethabile (C)**		24
12	**LEDWABA Sherine**		27
13	**FAASEN Nijinka**		26
14	**NKABINDE Maxine**		19
15	**RAKGOTHO Mantaba**		23
16	**ROUX Chenelle**		23

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**de VILLIERS Lizzy**
Head Coach	**PHIRI Unathi**

Team Colours

Shirts	Navy Blue | Sky Blue
Skirts	Navy Blue
Socks	Navy Blue | Sky Blue
GK Shirts	Orange | Yellow

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Team Details Northerns Daisies

Shirt No.	Player	Date of Birth	Age*
1	**JOHNSON Denise (C,GK)**		21
2	**POTGIETER Amahle**		22
3	**MLANDULI Asanda**		34
5	**PARK Jayden**		19
7	**WHEATLEY Alexia (C)**		23
8	**MABUYA Bontle**		19
9	**SNYDERS Meya**		18
10	**CELLIERS Alida**		24
11	**KETTLEDAS Gabriella**		19
13	**FROST Angela**		
14	**INNES Jessica**		21
15	**TSHABALALA Zanele**		19
17	**POE Tlhalefo**		21
18	**LENKOE Bontle**		20
20	**NETHONONDA Adu**		23
22	**MAMETSA Thato**		25

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**CAKATA Nomkhitha**
Head Coach	**NKOSI Emcie**

Team Colours

Shirts	Sky Blue | Navy Blue
Skirts	Navy Blue
Socks	Sky Blue | Red
GK Shirts	Lumo Green | Yellow | Pink

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Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	**van ZYL Lisa (GK)**		31
2	**GOUWS Anja**		20
3	**van der MERWE Abygail**		20
4	**du PLESSIS Shana**		22
5	**VERGOTTINI Hanene**		19
6	**DAVIDS Kayla**		20
7	**BEZUIDENHOUT Talnè**		18
8	**BODENHAM Nabeelah (C)**		23
9	**RAUTENBACH Tatum**		20
10	**SCHEEPERS Danelle**		21
11	**POTTS Kara**		20
12	**MYBURGH Alethea**		24
13	**de LANGE Vone**		34
14	**FEBRUARY Lisa (C)**		26
15	**CORNELIUS Marizelle**		27
18	**van RENSBURG Mellissa**		28

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2026-07-06

Team Staff

Role	Name
Team Manager	**FOURIE Charlene**
Head Coach	**van SCHALKWYK Leon**

Team Colours

Shirts	Navy Blue | White
Skirts	Navy Blue | Navy Blue
Socks	Navy Blue | Red
GK Shirts	Pink | Black

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