

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Boland A

Shirt No.	Player	Date of Birth	Age*
1	HILLARD-LOMAS Taylin (GK)		15
2	ENGELBERCHT Kaylene		14
3	JOHNSON Adrian (C)		15
4	BASSON Klara-Lea		15
5	NAUDE Margit		15
6	BENNIE Megan		15
7	STAPLES Zahra		14
8	KING Mine` (C)		15
9	VILJOEN Cara		15
10	JORDAAN Noa-Belle		14
11	NAIDOO Mishka		14
12	DU PREEZ Willanie		15
13	LE ROUX Jordanne		14
14	NXUMALO Amileh		14
15	JACOBS Zoe		15
16	JOHANNES Savanah		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	FRYER Mijeane
Head Coach	COLLINSE Mignon
Assistant Coach	BOTHA Liese-Marie
Assistant Coach	LANDMAN Marc

Team Colours

Shirts	Black White
Skirts	Black
Socks	Black Yellow
GK Shirts	Red Green

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Boland B

Shirt No.	Player	Date of Birth	Age*
1	du TOIT Gisela (GK)		15
2	de VILLIERS Bea		15
3	DUNLOP Ella		14
4	WARNICH Mila		15
5	BAM Amaarah		15
6	DANIELS Baylah		15
7	TROSKIE Leane		14
8	GOEBEL Leah		14
9	BODENHAM Nikita (C)		15
10	NDLOVU Orenella		14
11	AMSTERDAM Emilyn		15
12	WILLIAMS Kelsey		14
13	MBAMBALALA Sisipho		15
14	RHODA Yara		15
15	BARBOUR Erin		14
16	BOTES Madelie		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	SMITH Jamie
Head Coach	RAUTENBACH Nadet
Assistant Coach	BARNARD Lané

Team Colours

Shirts	Black White
Skirts	Black Black
Socks	Black Yellow
GK Shirts	Red Green

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Eastern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	BOTHA Mia (GK)		14
2	BROUWER Tegan (C)		15
3	ZWARTS Laniqa		14
4	MOTSAMAI Naledi (C)		15
5	DU TOIT Mikyla		15
6	NAUDE` Kelinke		15
7	TSOKA Ayana		14
8	LUNT Chloe-Paige		15
9	MAILA Lebogang		14
10	BRITS Abigail		14
11	LEBONA Bonolo		14
12	FONSECA Keyanna		14
13	TAOLE Nenekazi		15
14	LEFIFI Keamogetswe		14
15	METSWI Kopano		14
16	NASH Kaylin		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	BLACK Charne
Head Coach	ROBERTS Ryan
Assistant Coach	GOODWIN Seth

Team Colours

Shirts	White (red stripes) Red (white stripes)
Skirts	Navy Navy
Socks	White/Navy Red/Navy
GK Shirts	Yellow Pink

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Eastern Province A

Shirt No.	Player	Date of Birth	Age*
1	MEIHUIZEN Abigail (GK)		15
2	COLLINS Lily		15
3	MANELI Unabantu (C)		15
4	BOWKER Christine		15
5	DE DONCKER Gabriella (C)		15
6	WATSON Emma		15
7	MACKENZIE Julia		15
8	JANSEN Sophia (C)		14
9	KEMP Meah		14
10	ESTERHUYSEN Jemma		15
11	RICKS Tusqia		15
12	ROBERTS Niké		14
13	BAMBISO Alulutho		14
14	van HEERDEN Josie		14
15	POTGIETER Emma		15
16	BIDLI Linathi		14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	DUNCOMBE Sheridan
Head Coach	Dunywa Zimasa
Assistant Coach	MARKS Toni

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red/Black Black/Red
GK Shirts	Green Pink

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details KZN Coastals A

Shirt No.	Player	Date of Birth	Age*
1	HADDEN Angelita (GK)		15
2	BARRETT Olivia		14
3	MULQUEENY Lara		15
4	RUSSELL Mikaela		15
5	SIVEWRIGHT Olivia		15
6	DA COSTA Sophia		14
7	NXUMALO Langelihle		15
8	JOHNSON Kimberly		14
9	MBHELE Zenokuhle		15
10	WILLIAMSON Teagan (C)		15
11	MSWELI Buntu		15
12	SAVAGE Jessica		14
13	MOKUBUNG Bohlale		15
14	BOYALL Charly-Rose (C)		15
15	THOMPSON Rebecca		15
16	GOVENDER Saranya		14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	THOMAS Robyn
Head Coach	BLAIR Yoche
Assistant Coach	COETZEE Erdine
Assistant Coach	NKABINDE Nolwazi

Team Colours

Shirts	Black White
Skirts	Black Black
Socks	Black White
GK Shirts	Pink Yellow

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details KZN Coastals B

Shirt No.	Player	Date of Birth	Age*
1	JOHNSON Victoria (GK)		14
2	MOKHETI Zoe		15
3	DECKFORD Summer		14
4	PENGELLY Lascala (C)		15
5	PHILLIPS Tamryn		15
6	SEPPINGS Zoe (C)		15
7	ROBERTS Bella		15
8	PRETORIUS Erinn		14
9	KITCHING Isabella		14
10	NADRAJAH Shriya		14
11	XABA Hlelo		15
12	HUNTLEY Casia		14
13	SHORT Peighton		14
14	HIBBERT Layla-Grace		14
15	KHANYILE Usiphile		14
16	NXELE Ndalo		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	NDLOVU Fanele
Head Coach	HALLIDAY Badrunnisaa
Assistant Coach	DIMBA Aphiwe

Team Colours

Shirts	Black White
Skirts	Black Black
Socks	Black White
GK Shirts	Pink Yellow

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details KZN Inland A

Shirt No.	Player	Date of Birth	Age*
1	LOCK Deborah (GK)		15
2	HELLBERG Rebecca		15
3	NGCOBO Inati (C)		15
4	CAMERON Chelsey		14
5	WILLIAMS Paige		15
6	JAMES Zintle		14
7	WHITEMAN Alexi		15
8	ADAMS Jaedah		14
9	van BREDA Amy		14
10	du BOURG McKenzie		15
11	BALMER Olivia		15
12	HOLDING Kate		14
13	HOFMEYR Belle (C)		15
14	GOBEY Jade		15
15	MKONDWENI Zingce		15
16	van WYK Tashlyn		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MABUZA Nomcebo
Head Coach	BARNARD Luke
Assistant Coach	SMERDON Philip
Physiotherapist	ESAU Caitlin

Team Colours

Shirts	Green & Navy White & Navy
Skirts	Navy Navy
Socks	Green Navy & White Hoops
GK Shirts	Pink Yellow

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details KZN Inland B

Shirt No.	Player	Date of Birth	Age*
1	JAMES Lilli-Anna		15
2	NERO Payton		15
3	GLADMAN Delaney		14
4	TRUTER Mila		14
5	BRISSET Tiara (C)		14
6	BRADLEY Rachael		14
7	HAILU Leah		14
8	MNGUNI Abusiswa (C)		15
9	STRYDOM Lily		15
10	MOODLEY Abigail		14
11	MSOMI Samukelisiwe		14
12	TUCKER Gabriella (C)		15
13	FOSTER Jemma		14
14	SENTONGO Thandolwethu		15
15	LESLIE Bronwyn		15
16	SUCKS Cherlaigne		14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MAZIBUKO Sthembile
Head Coach	VAN BREDA Lyn
Assistant Coach	SMERDON Philip

Team Colours

Shirts	Green & Navy White & Navy
Skirts	Navy Navy
Socks	Green Green&White Hoops
GK Shirts	Yellow Pink

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Northern Gauteng A

Shirt No.	Player	Date of Birth	Age*
1	van ROOYEN Mia (GK)		15
2	ZOWITSKY Suraya		15
3	KGATLA Akanani		15
4	OPPERMAN Dania		15
5	BHOOLA Diya		14
6	KRUGER Dunay		15
7	LOUBSER Emma		15
8	MAROLENI Katlego		15
9	SWANEPOEL Li-May		14
10	MAZIBUKO Mbalenhle		15
11	du TOIT Mia		15
12	GERBER Monique		15
13	DURAND Niah		14
14	MALIKANE Omphile		14
15	NGOASHENG Pheladi		14
16	MARA Tristyn		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	SIFF Silendra
Head Coach	LAMPRECHT Mark
Assistant Coach	MEYER Nathan

Team Colours

Shirts	Sky Navy
Skirts	Navy Navy
Socks	Sky Navy
GK Shirts	Green Pink

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Southern Free State A

Shirt No.	Player	Date of Birth	Age*
1	JANSE Dane (GK)		15
2	COLBY Peyton		14
3	DU PLESSIS Deune		14
4	CLOETE Elle		15
5	BEUKES Zene		15
6	JACOBS Leila		14
7	SEEDAT Lameez		14
8	SEMOLI Nthateng		14
9	VAN WYK Carmen (C)		15
10	SPERSHOTT Sune'		14
11	MARX Estelle		15
12	FLANEGAN Chelsey		15
13	MCLEAN Caitlyn		15
14	SELOANE Mpho		15
15	SIZANE Tshiamo		15
16	MOSIME Tlotlang		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	OLIN Heraldine
Stand-In Manager	SCHULTZ Nabila
Head Coach	RAMSDEN Tarrin

Team Colours

Shirts	Green White
Skirts	Green Navy
Socks	Green White
GK Shirts	Pink/White Blue/White

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Southern Gauteng A

Shirt No.	Player	Date of Birth	Age*
1	MADALANE Bonolo (GK)		15
2	MOYO Gugu		15
3	MULLER Karmi		15
4	RAMATHUBA Ofuna		14
5	TSHIKHUDO Ronewa		15
6	BOTES Juane		15
7	NGOBESE Lebogang		15
8	BARNARD Tanielle		15
9	TLHOLOE Phenyo		15
10	WELLS Lucy		15
11	CASANOVES Taylem		14
12	COETZEE Sune'		14
13	SITHOLE Lindokuhle		14
14	OLIVIER Jessica		15
15	HOFFMAN Caylee		14
16	KAKA Maryam		14

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	STEYN Linde
Head Coach	MOEPYE Tebogo
Assistant Coach	TERBLANCHE Gabriella

Team Colours

Shirts	Yellow Navy
Skirts	Navy Navy
Socks	Yellow Navy
GK Shirts	Lime Green Orange

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)

2026 - U16 Girls Nationals - A Section
7 - 12 Jul 2026
Hilton



Team Details Western Province A

Shirt No.	Player	Date of Birth	Age*
1	SOHNGE Andel (GK)		15
2	KOTA Agcobile		15
3	LUCK Tammah		15
4	FERREIRA Xena		15
5	COLE Zoe-Jane		15
6	SCHOEMAN Helena		15
7	ACCOM Cayleigh		14
8	PENNEY Amy		15
9	O'RYAN Cala		15
10	JOHNSON Leah		14
11	LAVER Casey		14
12	GARDNER Ella		15
13	THOMAS Courtney (C)		15
14	BABA Hluma		15
15	CLOETE Caitlyn		15
16	MURRAY Carli (C)		15

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	KAZIE Madenieya
Head Coach	BYRNE Ryan
Assistant Coach	WEIDEMAN Megan

Team Colours

Shirts	Royal Blue White
Skirts	Royal Blue Royal Blue
Socks	Red Royal Blue
GK Shirts	Pink Teal

Tournament Directors: DANIEL Martin (RSA), FRANKEN Emma (RSA)