2026 - U13 Girls Nationals

28 Jun - 1 Jul 2026
Johannesburg

Team Details Boland

Shirt No.	Player	Date of Birth	Age*
1	**VAN DYK Lila (GK)**		12
2	**MAKABANE Amange**		12
3	**DE VILLIERS Lana (C)**		12
4	**BUCKLE Elri**		12
5	**MAARMAN Kreesha**		12
6	**SINDANE Cynthia**		12
7	**LOUW Erryn**		12
8	**GEORGE Zeta**		12
9	**SWARTZ Autumn**		12
10	**DU TOIT Anmari (C)**		12
11	**FAURE Zanli**		12
12	**BOUSTRED Sophie**		12
13	**van der MERWE Elsabe**		12
14	**LIEDEMAN Layla-Mae**		12
15	**BURGER Mieke**		11
16	**LINDT Eden-Joy**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**STOFFELS Abigail**
Head Coach	**COOPER Carl**
Assistant Coach	**LINDERS Jesse**

Team Colours

Shirts	Black | Yellow | White
Skirts	Black | Black
Socks	Black | Yellow | White
GK Shirts	Red | Green

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Team Details Border

Shirt No.	Player	Date of Birth	Age*
1	**BESTER Jana (GK)**		12
2	**HLANJWA Ngcwalisa**		12
3	**TETIWE Alunamida**		12
4	**STAMPER Fikelela**		12
5	**SHWABABA Simingaye**		12
6	**MCCLURE Emma**		12
7	**PILLAY Karson**		12
8	**MAKHUTHA Khazimla**		12
9	**WARREN Ella**		12
10	**THERON Ashurah**		12
11	**THERON Madison**		12
12	**BOTTCHER Kiara**		12
13	**SCHWARTS Julie**		12
14	**BURROWS Amy**		12
15	**OELOFSE Amandre**		12
16	**HUSSELMANN Elani**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MARTIN Janine**
Head Coach	**TASHERIEK Marcus**
Assistant Coach	**SNYMAN Jerry**

Team Colours

Shirts	Brown | Emerald Green
Skirts	Brown | Emerald Green
Socks	White | Green
GK Shirts	Blue | Yellow

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Team Details Eastern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	**LOURENS Lume (GK)**		12
2	**van den MERWE Tiffany**		12
3	**NKUNA Ntsaka**		12
4	**PAIZES Lexi**		12
5	**KRIEL Vene**		11
6	**VERMEULEN Ania**		12
7	**NKOSI Akhona**		12
8	**MHLANGA Zinathi**		12
9	**HLATSHWAYO Aphiwe**		12
10	**SMITH Diane**		12
11	**MERIFIELD Gisele (C)**		12
12	**MENDONCA Tamie-Lee**		10
13	**MULOMBA Gabriella (C)**		12
14	**MOKOTELI Bohlale**		12
15	**KHOZA Rhandani**		12
16	**LETLHAKE Lethabo**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**GORREY Portleigh**
Head Coach	**van der WALT Pieter**
Assistant Coach	**TEIXEIRA Zita**

Team Colours

Shirts	White | Red
Skirts	Navy | Navy
Socks	Red | White/Navy
GK Shirts	Yellow | Pink

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Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
1	**COWIE Taylor (GK)**		12
2	**DE DENCKER Kelsey**		12
3	**WILLIAMS Keira**		12
4	**ZEHMKE Harper**		12
5	**MOODLEY Amy (C)**		12
6	**ZEHMKE Zara**		12
7	**EVERSON Cade**		11
8	**GIBBONS Katelyn (C)**		12
9	**JONAS Chloe**		12
10	**BURGER Emma**		12
11	**POHLMANN Chloe**		12
12	**FALTEIN Amila**		12
13	**OTIGO Michaela**		12
14	**BEKEZULU Liyanda**		12
15	**QINA Imitha**		12
16	**KEMP Emily**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**SALIE Tuskeen**
Head Coach	**REDCLIFFE Carly**
Assistant Coach	**SAMERY Claire**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Pink | Green

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Team Details Eden

Shirt No.	Player	Date of Birth	Age*
1	**PERREIRA Charika (GK)**		12
2	**BAYNE Layla**		12
3	**WILDEMANS Nevlynn**		12
4	**MWAITA Ashley**		12
5	**WANNEBERG Amelia**		12
6	**SWART Caylin**		11
7	**BEKKER Isabella**		12
8	**GALLANT Jade (C)**		12
9	**MEYER Jula**		12
10	**TERBLANCHE Klare**		12
11	**KETILE Lamila**		11
12	**BOOYSEN Lea**		12
13	**BRONN Mia (C)**		12
14	**STRAUSS Mine**		12
15	**EDEN Misha**		12
16	**COETZEE Selena**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**PETERSEN Allison**
Head Coach	**PRETORIUS Charl**

Team Colours

Shirts	Green | White
Skirts	Navy
Socks	Green | White
GK Shirts	Pink | Green

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Team Details KZN Coastals

Shirt No.	Player	Date of Birth	Age*
1	**ORBAN Jorga**		12
2	**GOMEZ-CUADRADO Amaya**		12
3	**HLONGWANE Anela**		12
4	**ZUMA Aziza**		12
5	**CELE Bhalisiwe**		12
6	**MANNING Caitlyn**		12
7	**CHISOLM Chelsea**		12
8	**RIDDLE Chloe**		12
9	**GILBERT Gabriella**		12
10	**DRAGT Kelsea**		12
11	**REYNOLDS Lacey-Grace**		12
12	**SESHEMANE Ndalenhle**		12
13	**NDUMNDUM Neema**		12
14	**KELECHI Oluchi**		12
15	**SIBANDZE Onthatile**		12
16	**HAUPTFLEISCH Sarah**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**NZUZA Nolwazi**
Head Coach	**PENTECOST Richard**

Team Colours

Shirts	Black | White
Skirts	Black | White
Socks	Black | Black/White hoops
GK Shirts	Lime | Yellow

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Team Details KZN Inland

Shirt No.	Player	Date of Birth	Age*
1	**MITCHELL Chelsea (GK)**		12
2	**NGCOBO Okuhle**		12
3	**MKONDWENI Mijelo**		12
4	**CAMERON Britney (C)**		12
5	**MADLALA Nozibusiso (C)**		12
6	**FLOROS Georgia**		12
7	**MEYIWA Lethokuhle**		12
8	**BULLOUGH Mikaela**		12
9	**PALFRAMAN Layla**		12
10	**RIDGWAY Holly**		12
11	**KOK Sienna**		12
12	**NTULI Mbalenhle**		12
13	**TALBOT Giulia**		12
14	**SEEDAT Sameeha**		12
15	**MARITZ Ava**		12
16	**MIENKE Truter**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**CLAASEN Ahmeadyn**
Head Coach	**KILLEEN Lelo**
Assistant Coach	**JELLIMAN Louise**

Team Colours

Shirts	Navy | White
Skirts	Navy | White
Socks	Green | Black
GK Shirts	Blue | Pink

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Team Details Limpopo

Shirt No.	Player	Date of Birth	Age*
1	**PIETERSE Milan (GK)**		12
2	**van NIEKERK Anneke**		12
3	**van der WALT Karien**		12
4	**VENTER Esmè**		12
5	**THARAGA Fhulufhelo**		12
6	**MULATI Duduzile**		12
7	**VORSTER Elaney**		12
8	**MASHELE Nkabo**		12
9	**MALEKA Oratile (C)**		12
10	**BALOYI Zinhle**		12
11	**MARUMA Cecilia**		12
12	**O'REILLY Lua**		12
13	**MOCWANE Onolo**		12
14	**THOMSON Lexi**		12
15	**MUVHALI Luande**		12
16	**VELDMAN Lumen (C)**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MALATJIE Sekgametse**
Head Coach	**JACOBS Sune**
Assistant Coach	**van den BERG Ike**

Team Colours

Shirts	Blue | Red | White
Skirts	Blue | Red | White
Socks	Blue | Red | White
GK Shirts	Yellow | Red

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Team Details Mpumalanga

Shirt No.	Player	Date of Birth	Age*
1	**STEYN Daniella (GK)**		12
2	**FOURIE Melandi**		12
3	**BHEKISWAYO Simbonge**		12
4	**DIMITRIOU Sofia (C)**		12
5	**DIBAKOANE Entle**		12
6	**HIPKIN Lily**		12
7	**MABENA Ndaloenhle (C)**		12
8	**THERON Mianke**		12
9	**MASEKO Mphiwenhle**		12
10	**GAJU Destiny**		12
11	**MTSWENI Malwande**		12
12	**NKOSI Luthando**		12
13	**VILJOEN Frances**		12
14	**QURESHI Anika**		12
15	**ROUX Lila-Sophi**		12
16	**PIENAAR Elin**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**WOLMARANS Hannelie**
Team Manager	**NKADIMENG Phyllis**
Head Coach	**FLOWERS Tracey**
Assistant Coach	**WELGEMOED Zane**

Team Colours

Shirts	Yellow | Royal Blue
Skirts	Yellow | Royal Blue
Socks	Yellow | Royal Blue
GK Shirts	Pink | Lime Green

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Team Details Northern Cape

Shirt No.	Player	Date of Birth	Age*
1	**MARTIN Mikayla (GK)**		12
2	**PITT Cadi-Rose (C)**		12
3	**MAFONQO Onthatile**		12
4	**NTALO Isiphile**		12
5	**SINGARUM Visharah**		12
6	**MEYER Sunè**		12
7	**ARTHUR Paige (C)**		12
8	**MARITZ Veah**		12
9	**SEAWARD Luca**		12
10	**TRIEGAARDT Morgan**		12
11	**MERE Tlotlego**		12
12	**ISAACS Zoeya**		11
13	**van STADEN Janè**		12
14	**STANDER Priya**		12
15	**ROST Thanè**		12
16	**KESTER Zemira**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**CADER Soraya**
Head Coach	**POULTON Isabel**
Assistant Coach	**MAIYA Tammy**

Team Colours

Shirts	Peacock/White | Navy/White
Skirts	Peacock | Navy
Socks	White | Navy
GK Shirts	Yellow | Orange

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Team Details Northern Free State

Shirt No.	Player	Date of Birth	Age*
1	**TSHABALALA Nyakallo (GK)**		12
2	**BOTHA Emilie**		12
3	**MAZIBUKO Andile**		12
4	**JACOBS Ganelle**		12
5	**NTEMBA Bonolo**		12
6	**BALLOT Ellamae**		12
7	**MFEKA Zasolwandle**		12
8	**SEVENSTER Yune**		12
9	**TSOEU Myla**		12
10	**van WYK Elani**		12
11	**MOTEMA Reabetswe**		12
12	**BUZUIDENHOUT Amy**		12
13	**SALOKALE Phatsimo**		12
14	**CRONJE Christili (C)**		12
15	**SELLO Opelong**		12
16	**PRETORIUS Mia**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MORAPELI Caroline**
Head Coach	**STEYN Marisa**

Team Colours

Shirts	Black | Yellow
Skirts	Purple and Yellow strips | Purple and grey flames
Socks	Yellow/ Purple/Black | Yellow/Purple/Black
GK Shirts	Yellow | Purple

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Team Details Northern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	**MARA Morgan (C,GK)**		12
2	**MENDOZA Aliyah (C)**		12
3	**POLSON Amélie**		12
4	**MOTHAPO Balena**		12
5	**van GREUNEN Jamy**		12
6	**MONTSO Lethabo**		12
7	**MOSELAKGOMO Letlotlo**		12
8	**SMIT Luca**		12
9	**LABUSCHAGNE Mia**		12
10	**SNYMAN Mieke**		12
11	**NEL Mignon**		12
12	**CILLIERS Mishke**		12
13	**ZIQHU Phakade**		12
14	**NKABINDE Thabisile**		12
15	**du PONT Zarah**		12
16	**MATHIBELA Sine**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**KHUMALO Basetsana**
Head Coach	**SCHMIDT Anita**

Team Colours

Shirts	Navy | Sky
Skirts	Navy | Sky
Socks	Navy | Sky
GK Shirts	Red | Sky

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Team Details North West

Shirt No.	Player	Date of Birth	Age*
1	**STEYN Mieke (C,GK)**		12
2	**BURGER Nina**		12
3	**MATINYANE Duduzile**		12
4	**MAKAPO Oarabile (C)**		12
5	**NTIDI Reatile**		12
6	**PIENAAR Mikita**		12
7	**LE ROUX Emma**		12
8	**RAMPUDI Tshenolo**		12
9	**STRAUSS Nina**		12
10	**ROLLS Kaitlyn**		12
11	**VILJOEN Layla (C)**		12
12	**BROWN Natalee**		11
13	**ROOS Carole**		12
14	**THOTHOBOLO Kitso**		12
15	**SMIT Jessica**		12
16	**NGQOBE Kopano**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**FERRIS Way-Dean**
Head Coach	**EHLERS Tracey**

Team Colours

Shirts	Green | White
Skirts	Green | White
Socks	Green | Green/Red
GK Shirts	Yellow | Orange

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Team Details Southern Free State

Shirt No.	Player	Date of Birth	Age*
1	**JANSEN Tuane (GK)**		12
2	**CLARKE Haddassah**		12
3	**FICK Annebel**		12
4	**MATINJWE Mihle**		12
5	**MOLAI Basse**		12
6	**SMIT Ella (C)**		12
7	**VORSTER Chani**		12
8	**MOTLOI Omphile**		12
9	**DAVIDS Kay-Leigh**		12
10	**RAUTENBACH Rize**		12
11	**GROENEWALD Amy (C)**		12
12	**GIRMAY Faith**		12
13	**WESSELS Almy**		12
14	**BAM Johane**		12
15	**ESTERHUYSEN Eldene**		12
16	**SERANYANE Kamogelo**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**ALEXANDER Veda**
Head Coach	**STASSEN May-Louise**

Team Colours

Shirts	Green | Navy
Skirts	Green | Navy
Socks	Green | Navy
GK Shirts	Yellow | Orange

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Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	**ARTMAN Noa (GK)**		12
2	**PULE-SEKETI Naledi (GK)**		12
3	**MBATHA Dania**		12
4	**DAVIES Jaime**		12
5	**MABUSELA Milisuthando**		12
6	**MORULE Gorata**		12
7	**CAPTIEUX Zara**		12
8	**CUNNINGHAM Holly**		12
9	**MATAMBO Nakai**		12
10	**REEDIJK Kaylee**		12
11	**DILLON Phoebe**		12
12	**CARSTENS Amelia (C)**		12
13	**SMIT Casey (C)**		12
14	**MOKGOTHU Rotundwa**		12
15	**MBANDE Akhanani**		12
16	**MATHOLE Keagile**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**PRETORIUS Raquele**
Head Coach	**PINETOWN Craig**
Assistant Coach	**NKOE Lethabo**

Team Colours

Shirts	Yellow | Navy Blue
Skirts	Navy Blue | Navy Blue
Socks	Yellow | Navy Blue
GK Shirts	Green | Green

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Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	**MOSHANI Onako (GK)**		12
2	**FRANKEN Alaina**		12
3	**RUSSELL Bay**		12
4	**HORN Carmia (C)**		11
5	**DZIBA Luniko**		12
6	**BOER Jody**		11
7	**BURGER Joné**		12
8	**MURRAY Juné**		12
9	**MORILLY Kiara**		12
10	**ABRAHAMS Larissa (C)**		11
11	**MCGREGOR Leah**		12
12	**WOLMARANS Liney**		12
13	**FOURIE Olivia**		12
14	**SONDAY Salma**		12
15	**GELDENHUYS Luzaan**		12
16	**WESSELS Zara**		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**AKERMAN Bianca**
Head Coach	**MULLER Rewayne**
Assistant Coach	**MCASLIN Helene**

Team Colours

Shirts	Royal Blue & White | Royal Blue with White and red
Skirts	Royal Blue | Royal Blue
Socks	Royal Blue with white strips | Royal Blue with red/white strips
GK Shirts	Pink with purple and White | Purple with Pink and White

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