

2021 Senior Outdoor IPT - Woman
25 - 30 Oct 2021
Cape Town



Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
1	van WYK Hannah (GK)		19
2	BONNASSE Iman		16
3	MEYER Kiara		19
4	Dunywa Zimasa (C)		25
5	CUNNINGHAM Lara		21
6	SNYMAN Megan		20
7	WHITE Tori		20
8	KEMP Nicole		30
9	ALCOCK Jaime		19
10	RAUBENHEIMER Cheneal (C)		25
11	BISDEE Isabelle		17
12	de BRUIN Rosemary (C)		24
13	NAMA Asithandile		19
14	BARRY Rachel		19
15	FRANCES Ciara		17
16	EDWARDS Staci		21
17	PORTER Elizabeth		16
19	JORDAAN Gabriela (GK)		21

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2021-10-25

Team Staff

Role	Name
Team Manager	BENJAMIN Amina
Stand-In Manager	KOPS Saville
Head Coach	GAMIET Geowynne
Assistant Coach	BEYNON Andrew

Team Colours

Shirts	Red Black
Skirts	Black Red
Socks	Red Black
GK Shirts	Lime green Orange

Tournament Director: MORGAN Robyn (RSA)

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Team Details Free State

Shirt No.	Player	Date of Birth	Age*
1	MOSIKIDI Tshepang (GK)		19
2	HARTEL Chane (C)		24
3	PRINSLOO Naudene		16
4	JANSE.V.VUUREN Ané		17
5	PRETORIUS Zelmari		19
6	BOTHA Casey-Jean		23
7	SIMMONS Shindré-Lee (C)		24
8	MOKOENA Ntsopa		17
9	BRITZ Tanya		
10	ONTONG Chemelda		20
11	SAUNDERSON Taryn		18
12	OLIN Heraldine		24
13	WEIGAND Cara-Ann		18
14	SWARTS Kayla		18
15	LOUW Helaine		20
18	NXIWENI Atlegang		19
22	KOTZEE Sulette		31
24	HARTLEY Savannah (GK)		20

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Team Staff

Role	Name
Team Manager	MENTOR Kim
Head Coach	RAMSDEN Tarrin

Team Colours

Shirts	Green with White Navy with Yellow
Skirts	Green Navy
Socks	Green Navy
GK Shirts	Purple

Tournament Director: MORGAN Robyn (RSA)

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Team Details Northern Blues

Shirt No.	Player	Date of Birth	Age*
1	CLAASEN Amelie (GK)		19
2	SWANEPOEL Charlize (GK)		22
4	PITSO Mathapelo		26
5	VAN TAAK Dunell		
6	CHITHI Thando		23
7	TERBLANCHE Nicolene (C)		33
9	FITZHENRY Kiara		20
10	MEDUPE Kutlwano		19
11	VAN WYK Marguerite		25
12	SMIT Anrize		20
13	CILLIERS Izelle		27
14	VOSLOO Megan		19
15	HUBACH Kim		37
16	FOURIE Tegan		23
17	van ZYL Xanthe		19
18	MOSEMAKA Rethabile		20
19	STEENKAMP Emmere		19
23	MAROKOANE Maikemisetso		21

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Team Staff

Role	Name
Team Manager	FOURIE Tarryn
Head Coach	SANGSTER Warren

Team Colours

Shirts	Sky with Navy Navy with Sky
Skirts	Navy
Socks	Sky with Navy turnover Navy with Sky turnover
GK Shirts	Pink Yellow

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Team Details SA U21

Shirt No.	Player	Date of Birth	Age*
1	SERAGE Nepo (GK)		21
2	RAMASIMONG Christa		21
3	WELHAM Angela		20
4	LE ROUX Mikkela		19
5	MCLAREN Jacolene		21
7	DE WAAL Kayia		21
8	LOUW Hanrie		19
10	WOOD Bianca		21
11	MOLIKOE Edith		21
12	FERREIRA Chante		21
14	ZULU Onthatile		21
15	THOMAS Jeanri		20
18	THERON Charmorne		20
20	DAVIDS Laylaa		20
22	ELLIS Mishka (GK)		21
23	DU TOIT Jean-Leigh		21
25	WESTON Zimkhitha		19

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Team Staff

Role	Name
Team Manager	ABRAHAMSE Lynn
Head Coach	MARAIS Lenise
Assistant Coach	BENNET Bevan

Team Colours

Shirts	White Green
Skirts	White Green
Socks	Green Yellow
GK Shirts	Red Blue

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Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	MATTANA Nadia (GK)		24
3	da ROCHA Isabella		28
4	KILFOIL Hayley		23
5	de BRUIN Martiné		20
6	JANSE VAN VUREN Lezaan		22
7	SMITH Carmen		26
8	PATON Kristen		24
9	HAMZA Malikah		17
10	VAN JAARSVELDT Sylvia		32
11	MARKS Toni		27
12	THENJWAYO Nompilo		24
13	KOCK Tamlyn		19
14	JOHNSON Robyn (C)		30
15	NDAKISA Lelethu		23
16	CHRISTIE Erin		29
17	KAVANAGH Alexandra		24
23	COSTON Bernadette (C)		32
32	MODIPANE Mmatshupo (GK)		32

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Team Staff

Role	Name
Team Manager	FITZHENRY Kerry
Head Coach	BOSMAN Sandile

Team Colours

Shirts	Yellow & Navy Navy & Yellow
Skirts	Navy
Socks	Yellow Navy
GK Shirts	Green Orange

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Team Details Spar KZN Raiders

Shirt No.	Player	Date of Birth	Age*
1	MBANDE Phumelela (GK)		28
2	BINGHAM Sarah		29
3	KROUTZ Tatum		19
4	SMALL Donna		26
5	MTSHALI Lusanda		19
6	Mendes de OLIVEIRA Daniella		18
7	PENNISTON Chardinay (C)		24
8	BRISSET Laiken		17
9	FOURIE Cerian		18
10	SWANEPOEL Kerryn		21
11	DU PLESSIS Lilian		28
12	O'CONNOR Jessica (C)		30
13	SWANEPOEL Kelsey		21
14	LARDANT Jessica		24
15	ETHERINGTON Amy		26
16	DEN BAKKER Cailynn		20
17	DU PREEZ Courtney		23
18	HILL Claire (GK)		23

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Team Staff

Role	Name
Team Manager	ESTEVES Natalie
Head Coach	BAKER Michael
Assistant Coach	NKABINDE Nolwazi
Physiotherapist	RAMDIN Shahil

Team Colours

Shirts	Black White
Skirts	Black
Socks	Black Black & White Hoops
GK Shirts	Blue Pink

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Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
3	HERMANUS Gillian		23
4	SOUTHGATE Jamie (C)		23
6	LOMBARD Tarryn		26
7	BOBBS Quanita (C)		28
8	MAYNE Jade (C)		32
9	KOENIG Nicole		24
10	LEADER Andrea		24
11	MALI Ongeziwe		22
12	THOMAS Ashleigh		21
13	SEGGIE Christine		24
14	STEVENS Lara		21
15	BOTHA Stephanie		22
16	CULLINAN Lenta		23
17	HOAL Julia		20
20	WISEMAN Brady		21
21	VAN WYK Berne (GK)		34

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Team Staff

Role	Name
Team Manager	JOHNSON Janine
Head Coach	BERNSTEIN Andi
Assistant Coach	GRUNDLINGH Justin
Assistant Coach	POWELL Brinsley

Team Colours

Shirts	White Royal Blue
Skirts	Royal Blue
Socks	Royal Blue Red
GK Shirts	Lumo Yellow Purple

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Team Details WP Peninsula

Shirt No.	Player	Date of Birth	Age*
1	BOTHA Jana-Mari (GK)		20
4	van der WALT Noelle		19
5	CLAASEN Ahmeadyn		19
6	CHISHOLM Jamie		28
7	DOLLIE Aaliah		20
8	STEYN Lize'		22
9	POTE Aimee		
10	BENNETT Miche		24
11	TULLIS Michelle		21
12	PRYCE-LEWIS Megan		22
14	EBRAHIM A'ishah		24
15	KAPS Rebecca (C)		22
17	TOMLINSON Chelsea		19
18	LOUWRENS Lee-Ann (C)		25
19	MAREE Caylin		18
20	SMUTS Samantha		20
21	VERMEULEN Nidia		22
32	COCHRANE Grace (GK)		19

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Team Staff

Role	Name
Team Manager	DE VRIES Candice
Head Coach	NAUDE Ian
Assistant Coach	DAVIDS Illse

Team Colours

Shirts	Sky Blue White
Skirts	Sky Blue
Socks	Sky Blue Red
GK Shirts	Black Lumo Pink

Tournament Director: MORGAN Robyn (RSA)