2026 - U21 IPT Women

10 - 14 Aug 2026

Gqeberha

Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
1	**ZWENI Ngomusa (GK)**		20
2	**ROTH-UREN Amber-Rose**		18
3	**MNIKINA Zanokuhle**		19
4	**MOSTERT Zoey**		19
5	**TAIT Gabriella (C)**		20
7	**CUFF Tanna**		18
8	**LOTTERING Keagan**		20
9	**CAMPHER Kacey**		19
10	**BURGER Tristyn**		20
11	**BAMBISO Ahluma**		20
12	**GRIFFIN Hannah**		19
13	**BONNASSE Iman**		20
14	**CONRAD Khadijah**		18
15	**BOSCH Taytum**		19
16	**ANDREWS Jorja (C)**		20
17	**NAGAN Zara**		20
19	**WANNELL Hanna**		20
23	**KLIMENT Mija (GK)**		18

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**PITSO Mathapelo**
Head Coach	**PETERSON Kurt**
Assistant Coach	**SCHOLTZ Jeronimo**

Team Colours

Shirts	Red | Black
Skirts	Red | Black
Socks	Red | Black
GK Shirts	Blue | White

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Team Details Free State

Shirt No.	Player	Date of Birth	Age*
1	**VILJOEN Zanelle (GK)**		17
2	**MOREIRA Ashley**		19
3	**NEL Lome**		15
4	**SCHULTZ Nabila**		19
5	**HEWITT Yzelle**		19
6	**MOKONE Merisione**		20
7	**HENDRICKS Omphile (C)**		20
9	**FLANEGAN Chelsey**		15
10	**van der RIET Annika**		16
11	**BOER Jordan**		18
12	**DU PLESSIS Ilanze**		16
13	**PITSO Montle**		16
14	**WILLIAMS Tavia**		18
15	**FLANAGAN Lune**		18
17	**JANSE Susara**		16
18	**SMIT Cara (GK)**		16
20	**NORRIS Quincley**		18
22	**SCHEEPERS Reece**		16

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MTHOMBENI Thandokazi**
Head Coach	**MBOTHO Mthokozo**
Assistant Coach	**TSAOANE Mpho**

Team Colours

Shirts	Green/Yellow | Navy/Yellow
Skirts	Green | Navy
Socks	Green | Navy
GK Shirts	Red | Lime Green

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Team Details Northern Blues

Shirt No.	Player	Date of Birth	Age*
1	**MORAFO Kgabiso (GK)**		18
2	**JANSSEN Luane (GK)**		19
3	**JORDAAN Cailyn**		19
4	**HAASBROEK Tsidke-lee**		18
5	**TANNER-ELLIS Tori**		18
6	**MOKHELE Thatohatsi**		19
7	**DILLON Olivia**		19
8	**HOLDERNESS Abigail**		18
9	**GROENEWALD Andrea**		18
10	**SHUTTELWORTH Ella**		19
11	**ABRAHAMS Xena**		20
12	**SHAW Jenna**		18
13	**MARAIS Erynne**		18
15	**VAN ZYL Arista**		19
16	**FINNIS Tiara**		19
20	**FORBES Cassandra**		19
23	**MACQUET Emily (C)**		19

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**MABOEA Kgothatso**
Head Coach	**PETERSEN Chadwin**
Physiotherapist	**HENDRICKS Ahmad-Nurudin**

Team Colours

Shirts	Navy | Sky
Skirts	Navy
Socks	Navy | Sky
GK Shirts	Pink | Lumo Yellow

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Team Details North West

Shirt No.	Player	Date of Birth	Age*
1	**WILSON Kelly (GK)**		20
2	**HASWELL Rebecca (GK)**		18
3	**SCHIMPER Mia**		19
4	**GENIS Chanel**		20
5	**JANSEN Keovaan**		18
6	**BELL Nuriyah**		20
7	**NEETHLING Marika**		19
8	**OTTO Anriette**		19
9	**WESSELS Carolien**		20
10	**SPERSHOTT Germarie (C)**		20
13	**METU Thabelani**		19
15	**KOTZE Amy**		18
16	**KELLY Jasmin**		18
17	**ZAAYMAN Aluska (C)**		19
18	**KELLY Jade**		18
19	**NGXOWENI Usiphe**		19
20	**WILSON Emily**		19
21	**BOWER Gemma**		19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**HAMMOND Jaryd**
Head Coach	**HUBACH Kim**
Assistant Coach	**HULLEY Shaun**

Team Colours

Shirts	White/Red | Green/White
Skirts	Red | Green
Socks	Red | White
GK Shirts	Pink&Red | Blue&White

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Team Details SA U18 Girls

Shirt No.	Player	Date of Birth	Age*
1	**OOSTHUIZEN Salome-Rose (GK)**		16
2	**ZUMA Asanele**		16
3	**BOOYSEN Kirstin**		17
4	**SICKLE Katherine**		17
5	**BOWYER Ella**		17
6	**HOLDERNESS Lucy**		16
7	**WOOLF Chelsey**		16
8	**DA SILVA Jamie**		17
9	**VOGEL Lenique**		16
10	**du PLESSIS Marlene**		17
11	**ABRAHAMS Raffael**		17
12	**MAYEKISO Busiwe**		17
13	**GILLIES Kerrin**		17
14	**MOTLATLE Amogelang**		17
15	**GROENEWALD Sarah-Ellen (C)**		17
16	**FREESE Jenna-Leigh (C)**		17
17	**GUNGEBELE Inam**		17
18	**KLOPPERS Annika (GK)**		17

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**DUNCOMBE Sheridan**
Head Coach	**NKABINDE Nolwazi**
Assistant Coach	**LE ROUX Natasha**

Team Colours

Shirts	Blue | White
Skirts	Blue | White
Socks	Blue | White
GK Shirts	Red | Yellow

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Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	**KHUMALO Mbali (GK)**		18
2	**JARDIM Katarina**		18
4	**QUINTON Hannah (C)**		19
5	**PECHE Sacha (C)**		20
6	**BAILEY Nicole**		18
8	**SMYTH Hannah**		19
9	**FERREIRA Jemma**		17
10	**TSHIKHUDO Mphoentle**		18
11	**PETERSEN Azania**		17
13	**van der WALT Ciara**		18
14	**CIKES Kristen**		17
15	**KAKA Maryam**		14
16	**NDAMASE Khanyisa**		17
17	**RENS Nomthandazo**		18
18	**WILLISCROFT Kayla**		18
20	**KEULDER Nicola**		19
21	**MAGUDULELA Unathi (C)**		20
22	**DALLING Charlie (GK)**		17

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**NKOE Lethabo**
Head Coach	**MAKELENI Luke**

Team Colours

Shirts	Yellow | Navy
Skirts	Navy
Socks	Yellow | Navy
GK Shirts	Green | Red

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Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	**DE GUISTI Bianca (GK)**		19
3	**BLOWS Jodie (C)**		20
4	**CURD Georgia**		19
6	**ABRAHAMS Jehan**		18
7	**VILJOEN Pippa**		17
8	**PAKENDORF Tara**		19
9	**GRADWELL Jesse**		20
10	**KRAUS Ruby (C)**		19
11	**DU PLESSIS Leah**		18
12	**HIBBERT Emma**		17
13	**THOMAS Paige**		20
14	**MASONDO Anathi**		19
15	**BENGSTON Caprice**		18
16	**MILLION Juliana**		20
17	**MASONDO Unathi**		19
18	**BAKKER Puck**		18
19	**PIETERSE Tanya**		19
22	**ADAMS Emily (GK)**		20

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**DUCKITT Liza**
Head Coach	**SCHEEPERS Jackie**
Assistant Coach	**ISMAIL Ziyaad**

Team Colours

Shirts	Royal Blue | White
Skirts	Royal Blue
Socks	Royal blue | Red
GK Shirts	Mint Green | Purple

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Team Details WP Peninsula

Shirt No.	Player	Date of Birth	Age*
1	**BROWN Jessica (GK)**		19
2	**KAZIE Anjum**		18
3	**AMM Isabella**		18
4	**BADENHORST Zoë**		18
5	**FLINT Samantha**		18
6	**BEZUIDENHOUT Emily**		20
7	**MANTHATA Mmamorena**		19
8	**MAARTENS Jemma**		19
9	**BOOYENS Cassidy (C)**		20
10	**WILLIAMS Jamy**		20
11	**BLAAUW Eva**		18
12	**HENDERSON Hannah (C)**		18
13	**GILLIES Jaime (C)**		20
14	**ARINZE Gift**		19
15	**WILKEN Alex**		20
17	**PETERSEN Leah**		19
20	**BERRISFORD Zara**		18
32	**ADAMS Alulutho (GK)**		19

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	**CLOETE Noleen**
Head Coach	**STORTI Matthew**
Assistant Coach	**COLLINSE Mignon**

Team Colours

Shirts	Sky Blue | White
Skirts	Sky Blue
Socks	Sky blue | Red
GK Shirts	Pink&Black

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