

2026 - U13 Girls Nationals
28 Jun - 1 Jul 2026
Johannesburg



Team Details Boland

Shirt No.	Player	Date of Birth	Age*
1	VAN DYK Lila (GK)		12
2	MAKABANE Amange		12
3	DE VILLIERS Lana (C)		12
4	BUCKLE Elri		12
5	MAARMAN Kreesha		12
6	SINDANE Cynthia		12
7	LOUW Erryn		12
8	GEORGE Zeta		12
9	SWARTZ Autumn		12
10	DU TOIT Anmari (C)		12
11	FAURE Zanli		12
12	BOUSTRED Sophie		12
13	van der MERWE Elsabe		12
14	LIEDEMAN Layla-Mae		12
15	BURGER Mieke		11
16	LINDT Eden-Joy		12

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-12-31

Team Staff

Role	Name
Team Manager	STOFFELS Abigail
Head Coach	COOPER Carl
Assistant Coach	LINDERS Jesse

Team Colours

Shirts	Black Yellow White
Skirts	Black Black
Socks	Black Yellow White
GK Shirts	Red Green

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Team Details Border

Shirt No.	Player	Date of Birth	Age*
1	BESTER Jana (GK)		12
2	HLANJWA Ngcwalisa		12
3	TETIWE Alunamida		12
4	STAMPER Fikelela		12
5	SHWABABA Simingaye		12
6	MCCLURE Emma		12
7	PILLAY Karson		12
8	MAKHUTHA Khazimla		12
9	WARREN Ella		12
10	THERON Ashurah		12
11	THERON Madison		12
12	BOTTCHER Kiara		12
13	SCHWARTS Julie		12
14	BURROWS Amy		12
15	OELOFSE Amandre		12
16	HUSSELMANN Elani		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MARTIN Janine
Head Coach	TASHERIEK Marcus
Assistant Coach	SNYMAN Jerry

Team Colours

Shirts	Brown Emerald Green
Skirts	Brown Emerald Green
Socks	White Green
GK Shirts	Blue Yellow

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Team Details Eastern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	LOURENS Lume (GK)		12
2	van den MERWE Tiffany		12
3	NKUNA Ntsaka		12
4	PAIZES Lexi		12
5	KRIEL Vene		11
6	VERMEULEN Ania		12
7	NKOSI Akhona		12
8	MHLANGA Zinathi		12
9	HLATSHWAYO Aphiwe		12
10	SMITH Diane		12
11	MERIFIELD Gisele (C)		12
12	MENDONCA Tamie-Lee		10
13	MULOMBA Gabriella (C)		12
14	MOKOTELI Bohlale		12
15	KHOZA Rhandani		12
16	LETLHAKE Lethabo		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	GORREY Portleigh
Head Coach	van der WALT Pieter
Assistant Coach	TEIXEIRA Zita

Team Colours

Shirts	White Red
Skirts	Navy Navy
Socks	Red White/Navy
GK Shirts	Yellow Pink

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Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
1	COWIE Taylor (GK)		12
2	DE DENCKER Kelsey		12
3	WILLIAMS Keira		12
4	ZEHMKE Harper		12
5	MOODLEY Amy (C)		12
6	ZEHMKE Zara		12
7	EVERSON Cade		11
8	GIBBONS Katelyn (C)		12
9	JONAS Chloe		12
10	BURGER Emma		12
11	POHLMANN Chloe		12
12	FALTEIN Amila		12
13	OTIGO Michaela		12
14	BEKEZULU Liyanda		12
15	QINA Imitha		12
16	KEMP Emily		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	SALIE Tuskeen
Head Coach	REDCLIFFE Carly
Assistant Coach	SAMERY Claire

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Pink Green

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Team Details Eden

Shirt No.	Player	Date of Birth	Age*
1	PERREIRA Charika (GK)		12
2	BAYNE Layla		12
3	WILDEMANS Nevlynn		12
4	MWAITA Ashley		12
5	WANNEBERG Amelia		12
6	SWART Caylin		11
7	BEKKER Isabella		12
8	GALLANT Jade (C)		12
9	MEYER Julia		12
10	TERBLANCHE Klare		12
11	KETILE Lamila		11
12	BOOYSEN Lea		12
13	BRONN Mia (C)		12
14	STRAUSS Mine		12
15	EDEN Misha		12
16	COETZEE Selena		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	PETERSEN Allison
Head Coach	PRETORIUS Charl

Team Colours

Shirts	Green White
Skirts	Navy
Socks	Green White
GK Shirts	Pink Green

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Team Details KZN Coastals

Shirt No.	Player	Date of Birth	Age*
1	ORBAN Jorga		12
2	GOMEZ-CUADRADO Amaya		12
3	HLONGWANE Anela		12
4	ZUMA Aziza		12
5	CELE Bhalisiwe		12
6	MANNING Caitlyn		12
7	CHISOLM Chelsea		12
8	RIDDLE Chloe		12
9	GILBERT Gabriella		12
10	DRAGT Kelsea		12
11	REYNOLDS Lacey-Grace		12
12	SEHEMANE Ndalenhle		12
13	NDUMNDUM Neema		12
14	KELECHI Oluchi		12
15	SIBANDZE Onthatile		12
16	HAUPTFLEISCH Sarah		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	NZUZA Nolwazi
Head Coach	PENTECOST Richard

Team Colours

Shirts	Black White
Skirts	Black White
Socks	Black Black/White hoops
GK Shirts	Lime Yellow

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Team Details KZN Inland

Shirt No.	Player	Date of Birth	Age*
1	MITCHELL Chelsea (GK)		12
2	NGCOBO Okuhle		12
3	MKONDWENI Mijelo		12
4	CAMERON Britney (C)		12
5	MADLALA Nozibusiso (C)		12
6	FLOROS Georgia		12
7	MEYIWA Lethokuhle		12
8	BULLOUGH Mikaela		12
9	PALFRAMAN Layla		12
10	RIDGWAY Holly		12
11	KOK Sienna		12
12	NTULI Mbalenhle		12
13	TALBOT Giulia		12
14	SEEDAT Sameeha		12
15	MARITZ Ava		12
16	MIENKE Truter		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	CLAASEN Ahmeadyn
Head Coach	KILLEEN Lelo
Assistant Coach	JELLIMAN Louise

Team Colours

Shirts	Navy White
Skirts	Navy White
Socks	Green Black
GK Shirts	Blue Pink

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Team Details Limpopo

Shirt No.	Player	Date of Birth	Age*
1	PIETERSE Milan (GK)		12
2	van NIEKERK Anneke		12
3	van der WALT Karien		12
4	VENTER Esmè		12
5	THARAGA Fhulufhelo		12
6	MULATI Duduzile		12
7	VORSTER Elaney		12
8	MASHELE Nkabo		12
9	MALEKA Oratile (C)		12
10	BALOYI Zinhle		12
11	MARUMA Cecilia		12
12	O'REILLY Lua		12
13	MOCWANE Onolo		12
14	THOMSON Lexi		12
15	MUVHALI Luande		12
16	VELDMAN Lumen (C)		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MALATJIE Sekgametse
Head Coach	JACOBS Sune
Assistant Coach	van den BERG Ike

Team Colours

Shirts	Blue Red White
Skirts	Blue Red White
Socks	Blue Red White
GK Shirts	Yellow Red

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Team Details Mpumalanga

Shirt No.	Player	Date of Birth	Age*
1	STEYN Daniella (GK)		12
2	FOURIE Melandi		12
3	BHEKISWAYO Simbonge		12
4	DIMITRIOU Sofia (C)		12
5	DIBAKOANE Entle		12
6	HIPKIN Lily		12
7	MABENA Ndaloenhle (C)		12
8	THERON Mianke		12
9	MASEKO Mphiwenhle		12
10	GAJU Destiny		12
11	MTSWENI Malwande		12
12	NKOSI Luthando		12
13	VILJOEN Frances		12
14	QURESHI Anika		12
15	ROUX Lila-Sophi		12
16	PIENAAR Elin		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	WOLMARANS Hannelie
Team Manager	NKADIMENG Phyllis
Head Coach	FLOWERS Tracey
Assistant Coach	WELGEMOED Zane

Team Colours

Shirts	Yellow Royal Blue
Skirts	Yellow Royal Blue
Socks	Yellow Royal Blue
GK Shirts	Pink Lime Green

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Team Details Northern Cape

Shirt No.	Player	Date of Birth	Age*
1	MARTIN Mikayla (GK)		12
2	PITT Cadi-Rose (C)		12
3	MAFONQO Onthatile		12
4	NTALO Isiphile		12
5	SINGARUM Visharah		12
6	MEYER Sunè		12
7	ARTHUR Paige (C)		12
8	MARITZ Veah		12
9	SEAWARD Luca		12
10	TRIEGAARDT Morgan		12
11	MERE Tlotlego		12
12	ISAACS Zoeya		11
13	van STADEN Janè		12
14	STANDER Priya		12
15	ROST Thanè		12
16	KESTER Zemira		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	CADER Soraya
Head Coach	POULTON Isabel
Assistant Coach	MAIYA Tammy

Team Colours

Shirts	Peacock/White Navy/White
Skirts	Peacock Navy
Socks	White Navy
GK Shirts	Yellow Orange

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Team Details Northern Free State

Shirt No.	Player	Date of Birth	Age*
1	TSHABALALA Nyakallo (GK)		12
2	BOTHA Emilie		12
3	MAZIBUKO Andile		12
4	JACOBS Ganelle		12
5	NTEMBA Bonolo		12
6	BALLOT Ellamae		12
7	MFEKA Zasolwandle		12
8	SEVENSTER Yune		12
9	TSOEU Myla		12
10	van WYK Elani		12
11	MOTEMA Reabetswe		12
12	BUZUIDENHOUT Amy		12
13	SALOKALE Phatsimo		12
14	CRONJE Christili (C)		12
15	SELLO Opeleng		12
16	PRETORIUS Mia		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	MORAPELI Caroline
Head Coach	STEYN Marisa

Team Colours

Shirts	Black Yellow
Skirts	Purple and Yellow strips Purple and grey flames
Socks	Yellow/ Purple/Black Yellow/Purple/Black
GK Shirts	Yellow Purple

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Team Details Northern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	MARA Morgan (C,GK)		12
2	MENDOZA Aliyah (C)		12
3	POLSON Amélie		12
4	MOTHAPO Balena		12
5	van GREUNEN Jamy		12
6	MONTSO Lethabo		12
7	MOSELAKGOMO Letlotlo		12
8	SMIT Luca		12
9	LABUSCHAGNE Mia		12
10	SNYMAN Mieke		12
11	NEL Mignon		12
12	CILLIERS Mishke		12
13	ZIQHU Phakade		12
14	NKABINDE Thabisile		12
15	du PONT Zarah		12
16	MATHIBELA Sine		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	KHUMALO Basetsana
Head Coach	SCHMIDT Anita

Team Colours

Shirts	Navy Sky
Skirts	Navy Sky
Socks	Navy Sky
GK Shirts	Red Sky

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Team Details North West

Shirt No.	Player	Date of Birth	Age*
1	STEYN Mieke (C,GK)		12
2	BURGER Nina		12
3	MATINYANE Duduzile		12
4	MAKAPO Oarabile (C)		12
5	NTIDI Reatile		12
6	PIENAAR Mikita		12
7	LE ROUX Emma		12
8	RAMPUDI Tshenolo		12
9	STRAUSS Nina		12
10	ROLLS Kaitlyn		12
11	VILJOEN Layla (C)		12
12	BROWN Natalee		11
13	ROOS Carole		12
14	THOTHOBOLO Kitso		12
15	SMIT Jessica		12
16	NGQOBE Kopano		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	FERRIS Way-Dean
Head Coach	EHLERS Tracey

Team Colours

Shirts	Green White
Skirts	Green White
Socks	Green Green/Red
GK Shirts	Yellow Orange

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Team Details Southern Free State

Shirt No.	Player	Date of Birth	Age*
1	JANSEN Tuane (GK)		12
2	CLARKE Haddassah		12
3	FICK Annebel		12
4	MATINJWE Mihle		12
5	MOLAI Basse		12
6	SMIT Ella (C)		12
7	VORSTER Chani		12
8	MOTLOI Omphile		12
9	DAVIDS Kay-Leigh		12
10	RAUTENBACH Rize		12
11	GROENEWALD Amy (C)		12
12	GIRMAY Faith		12
13	WESSELS Almy		12
14	BAM Johane		12
15	ESTERHUYSEN Eldene		12
16	SERANYANE Kamogelo		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	ALEXANDER Veda
Head Coach	STASSEN May-Louise

Team Colours

Shirts	Green Navy
Skirts	Green Navy
Socks	Green Navy
GK Shirts	Yellow Orange

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Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	ARTMAN Noa (GK)		12
2	PULE-SEKETI Naledi (GK)		12
3	MBATHA Dania		12
4	DAVIES Jaime		12
5	MABUSELA Milisuthando		12
6	MORULE Gorata		12
7	CAPTIEUX Zara		12
8	CUNNINGHAM Holly		12
9	MATAMBO Nakai		12
10	REEDIJK Kaylee		12
11	DILLON Phoebe		12
12	CARSTENS Amelia (C)		12
13	SMIT Casey (C)		12
14	MOKGOTHU Rotundwa		12
15	MBANDE Akhanani		12
16	MATHOLE Keagile		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	PRETORIUS Raquele
Head Coach	PINETOWN Craig
Assistant Coach	NKOE Lethabo

Team Colours

Shirts	Yellow Navy Blue
Skirts	Navy Blue Navy Blue
Socks	Yellow Navy Blue
GK Shirts	Green Green

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Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	MOSHANI Onako (GK)		12
2	FRANKEN Alaina		12
3	RUSSELL Bay		12
4	HORN Carmia (C)		11
5	DZIBA Luniko		12
6	BOER Jody		11
7	BURGER Joné		12
8	MURRAY Juné		12
9	MORILLY Kiara		12
10	ABRAHAMS Larissa (C)		11
11	MCGREGOR Leah		12
12	WOLMARANS Liney		12
13	FOURIE Olivia		12
14	SONDAY Salma		12
15	GELDENHUYS Luzaan		12
16	WESSELS Zara		12

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* As of 2025-12-31

Team Staff

Role	Name
Team Manager	AKERMAN Bianca
Head Coach	MULLER Rewayne
Assistant Coach	MCASLIN Helene

Team Colours

Shirts	Royal Blue & White Royal Blue with White and red
Skirts	Royal Blue Royal Blue
Socks	Royal Blue with white strips Royal Blue with red/white strips
GK Shirts	Pink with purple and White Purple with Pink and White