

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Boland

Shirt No.	Player	Date of Birth	Age*
1	FINLAY Peyton (GK)		13
2	LUCAS Alze`		13
3	DUNLOP Ella		13
4	NIEMAN Jesse		13
5	PEMBA Kwazi		13
6	BRUINTJIES Kylie		13
7	COLLINS Lara		13
8	GOEBEL Leah		13
9	LAUBSCHER Lienka		13
10	PIENAAR Lila (C)		13
11	NAIDOO Mishka		13
12	JORDAAN Noa-Belle		13
13	HENDRIKSE Savannah		13
14	LE ROUX Jordanne		13
15	STAPLES Zahra		13
16	JAFTAS Zoey		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	JOHNSON Vincentia
Head Coach	FOSTER Louisa
Assistant Coach	PRINS Sandre

Team Colours

Shirts	Black White
Skirts	Black
Socks	Black Yellow
GK Shirts	Red Green

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Border

Shirt No.	Player	Date of Birth	Age*
1	JORDAAN Maritza (GK)		13
2	KRETZMANN Bella		13
3	JAMES Laiken		13
4	JASSON Casey (C)		13
5	ROOS Annabelle		13
6	MAKINANA Thayanda		13
7	WEBBER Eva		13
8	WEIMANN Erin		13
9	MARAIS Georga		13
10	LUPOKO Yokuma		13
11	PACKERY Tanita		13
12	BURROWS Mia		13
13	SOMHLAHLLO Malakhiwe		13
14	MDUZANA Adafika		13
15	KOLOBA Olerato		13
16	MANDABA Enkosi		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	SOLOMBELA Sipe
Head Coach	MARAIS Jamie-Lee
Assistant Coach	JASSON Gay-Lee

Team Colours

Shirts	Brown Red
Skirts	Brown
Socks	Brown Red
GK Shirts	Orange Lumo yellow

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Eastern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	BRITS Abigail		13
2	HUMAN Abigail		13
3	TSOKA Ayanda		13
4	LEBONA Bonolo		13
5	NEL Clarice		13
6	LEFIFI Keabetswe		13
7	FONSECA Keyanna		13
8	METSWI Kopane		13
9	ZWARTS Laniqa		13
10	MAILA Lebogang		13
11	BOTHA Mia (GK)		13
12	van RENSBURG Mia		13
13	van der WALT Shardone`		13
14	MULLER Shevanne		13
15	MAGOLELO Tetelo		13
16	van der WALT Zanell		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	MONGALA Tsholofelo
Head Coach	GOODWIN Seth

Team Colours

Shirts	White Red
Skirts	Navy
Socks	White/red Navy/white
GK Shirts	Yellow

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
1	MATUSHE Abonani (GK)		13
2	van ROOYEN Mia		13
3	DOLD-CHAPMAN Erin		13
4	BIDLI Linathi		13
5	FERRANT Lily-Rose		13
6	FOREMAN Quinn		13
7	BAMBISO Alulutho		13
8	JANSEN Sophia		13
9	THOMAS Grace		13
10	van HEERDEN Josie		13
11	SCOWBY Mary		13
12	ROBERTS Niké		13
13	WELCOME Leah		13
14	STANLEY Tatum		13
15	KEMP Meah (C)		13
16	SWANEPOEL Zané		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	POTGIETER Malikah
Head Coach	KOPS Leschaé

Team Colours

Shirts	Red Black
Skirts	Red Black
Socks	Red Black
GK Shirts	Blue Orange

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Eden

Shirt No.	Player	Date of Birth	Age*
1	VONALLEMAN Ava (GK)		13
2	DAMANS Arantxa		13
3	THERON Liyah		13
4	BOTHA Mi-Jeanne		13
6	STRYDOM Chame		13
7	VISAGIE Cecilia		13
8	HANASE Esona		13
9	MOOLMAN Ayeshia		13
10	SIXHOLE Mila		13
11	VAN ALPHEN Kasandra		13
12	TYATYA Phawu (C)		13
13	GEZA Ruth		13
14	MALOKA Boitumelo		13
15	GLYNOS Gianna		13
16	RETIEF Lize		13
17	SMITH Skylar		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Head Coach	WINSON Anthony

Team Colours

Shirts	Bottle Green & White Light Green & White
Skirts	Bottle Green Light Green
Socks	Green & White Stripes
GK Shirts	Violet/Pink Orange

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details KZN Coastals

Shirt No.	Player	Date of Birth	Age*
1	JOHNSON Victoria (GK)		13
2	MOKHETI Zoe		13
3	MFEKA Alwande		12
4	REEVES Chloe		13
5	BARRETT Olivia (C)		13
6	DA COSTA Sophia		13
7	DECKFORD Summer		13
8	JOHNSON Kimberley		13
9	van den HOOGEN Amber (GK)		13
10	NADRAJAH Shriya		13
11	SAVAGE Jessica		13
12	MKHIZE Buhlebethu		13
13	SHORT Peighton		13
14	HIBBERT Layla-Grace		13
15	KHANYILE Usiphile		13
16	GOVENDER Saranya		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	SHEZI Nonhlanhla
Head Coach	MORRIS Catherine

Team Colours

Shirts	Black White
Skirts	Black
Socks	Black Black & White
GK Shirts	Pink Green

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details KZN Inland

Shirt No.	Player	Date of Birth	Age*
1	MCHUNU Sibusisiwe (GK)		13
2	CAMERON Chelsey		13
3	ADAMS Jaedah		13
4	TRUTER Mila		13
5	van BREDA Amy		13
6	MKHIZE Aphalele		13
7	JAMES Zintle		13
8	HOLDING Kate (C)		13
9	MAY Emlyn		13
10	MOODLEY Abigail		13
11	MSOMI Samkelisiwe		13
12	HAILU Leah		13
13	FOSTER Jemma		13
14	RUVARASHE Munyawarara		13
15	WESSELS Hannah		13
16	SUCKS Cherlaigne		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	NTOMBELA Lelo
Head Coach	KILLEEN Conor
Assistant Coach	MKHIZE Manqoba

Team Colours

Shirts	Green White
Skirts	Navy
Socks	Green Green and white stripes
GK Shirts	Orange Green

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals
4 - 7 Jul 2025
Johannesburg



Team Details Limpopo

Shirt No.	Player	Date of Birth	Age*
1	MODIKOA Kgothatso (GK)		13
2	SNYMAN Chloe		13
3	BLAAUW Silke		13
4	TLADI Mogau		13
5	KEMPEN Lillian		13
6	BENTON-JONES Savannah		13
7	van WYNGAARDT Leila		13
8	TSHIVHULA Phathu		13
9	SENGWAYO Siphesihle		13
10	KGOPONG Nakedi		13
11	MUAVHA Vhukudo		13
12	LENTSOANE Lethabo		13
13	PHAKULA Buhle		13
14	BREDENKAMP Lisa		13
15	ALBERTYN Karmi		13
16	SCHWERDTFEGER Aldone (C)		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	JOUBERT Caitlin
Team Manager	MALATJI Tidimalo
Head Coach	POTGIETER Monique

Team Colours

Shirts	Red White
Skirts	Blue White
Socks	White Red and Blue
GK Shirts	Pink Green

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals
4 - 7 Jul 2025
Johannesburg



Team Details Mpumalanga

Shirt No.	Player	Date of Birth	Age*
1	LONDT Chloé (GK)		13
2	PIENAAR Tene		13
3	HLALETHWA Onneile		13
4	JOSEPH Dominique		13
5	PRINSLOO Inge		13
6	SENEKAL Tamike		13
7	BESTER Annie (C)		13
8	MOKONENI Buhle		13
9	van TONDER Mieke		13
10	ZUMA Sinenkosi		13
11	BOYA Liya		13
12	SENEKAL Danika		13
13	NYAKANE Tiysisane		13
14	BOTHA Abigale		13
15	MVOKALI Kwenama		13
16	REPINGA Asante		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	MAGUDULELA Nicole
Head Coach	ALBERTS Charlé

Team Colours

Shirts	Royal Blue Yellow
Skirts	Navy Blue
Socks	Blue Yellow
GK Shirts	Burgandy

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Northern Blues

Shirt No.	Player	Date of Birth	Age*
1	DE BEER Madelie (GK)		13
2	HAYCOCK Anri		13
3	BHOOLA Diya		13
4	NDLOVU Jecoliah		13
5	HOMAN Kelly (C)		13
6	MOTHOAGAE Khumoetsile		13
7	SWANEPOEL Li-May		13
8	TITUS Lyla		13
9	LANGEVELDT Marli		13
10	MARE Mia		13
11	DURAND Niah		13
12	BOATENG Olivia		13
13	MALIKANE Omphile		13
14	NGOASHENG Pheladi		13
15	NETSHISHIVHE Rotondwa		13
16	GOUWS Sarah		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	CRAWFORD Tristan
Head Coach	MEYER Nathan

Team Colours

Shirts	Sky Navy
Skirts	Navy
Socks	Sky Navy
GK Shirts	Green Pink

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Northern Cape

Shirt No.	Player	Date of Birth	Age*
1	LE GRANGE Bien (GK)		13
2	MHLAUI Anati		13
3	MTIPA Dimpho		13
4	LOUW Amy		13
5	BOSCH Caitlyn		13
6	OLIVIER Caitlyn (C)		13
7	VAN DEN BERG Kayley		13
8	BOSHOF Mieke		13
9	NKOKOU Bothale		13
10	van DEVENTER Sera		13
11	SOLOMAN Anja		13
12	BELIM Hannah		13
13	LEGODI Kitso		13
14	STEELE Megan		13
15	MATEBESI Moipane		13
16	SEPTEMBER Akeelah		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	MEYER Lisa
Head Coach	LINDOOR Zarrin

Team Colours

Shirts	Navy White and Teal
Skirts	Navy White and Teal
Socks	Navy White
GK Shirts	Lime Green Yellow

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025
Johannesburg



Team Details Northern Free State

Shirt No.	Player	Date of Birth	Age*
1	MARITZ Reanike (GK)		13
2	LOTTER Mieke		13
3	MICHE Penton		13
4	DU PLESSIS Deune		13
5	SEGNERI Keneeshka		13
6	PHORA Bohlokwa		13
7	MAASDORP Katelyn		13
8	DLAMINI Thandeka		13
9	van RENSBURG Chane		13
10	MOTOTO Thato		13
11	HATTINGH Hanzelle		13
12	KHUMALO Aphiwe		13
13	van der MERWE Ahlea		13
14	MATEBESI Bokang		13
15	MAKHATHINI Ofhani		13
16	HEYNS Jozelle		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	KLEYNHANS Marne
Head Coach	MBOTHO Mthokozo

Team Colours

Shirts	Purple Black
Skirts	Purple Black
Socks	Purple Black
GK Shirts	Yellow White

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details North West

Shirt No.	Player	Date of Birth	Age*
1	HARMSE Megan (GK)		13
2	BURGER Emilie		13
3	DE JAGER Sanmari		13
4	ERASMUS Mieke		13
5	JACOBS Ivanke		13
6	MCMANUS Haydi		13
7	MOHUBE Ororiseng		13
8	MOOS Kaitlyn		13
9	MOSITO Kagiso		13
10	NTAOPANE Lethabo		13
11	RINGANE Camila		13
12	ROLLS Astelicia		13
13	SHEBA Reighley		13
14	STRAUSS Zané		13
15	van ZYL Annabelle		13
16	MALULEKA Xiluva (GK)		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	JARICHA Ackloyd
Head Coach	FOURIE Johanné

Team Colours

Shirts	White Green
Skirts	White Green
Socks	Green Green/Red Stripes
GK Shirts	Yellow Grey

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Southern Free State

Shirt No.	Player	Date of Birth	Age*
1	AMATABELLE Blessing (GK)		13
2	KOK Chloe		13
3	COLBY Peyton		13
4	GREYLING Anke (C)		13
5	CLAASSENS Mandie		13
6	JACOBS Leila		13
7	SEEDAT Lameez (C)		13
8	SEMOLI Nthateng		13
9	NAKANE Nik'itha		13
10	MOOSA Leeyah		13
11	SCHARNECK Tamsin		13
12	SPERSHOTT Sune'		13
13	LINDE Lika		13
14	MOMBERG Mienje		13
15	BEUKES Lisabelle		13
16	FLOOKS Alondrea		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	le ROUX Engela
Head Coach	VAN SCHALKWYK Gyster

Team Colours

Shirts	Navy Green
Skirts	Navy Green
Socks	Green/Yellow/Black Green
GK Shirts	Black/Pink Blue

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	ROETS Jemma (GK)		13
2	KUHN Ashley		13
3	HOFFMAN Caylee		13
4	GROENEWALT Isabelle		13
5	WESTCOTT Kayleigh		13
6	LEBINA Khetho		13
7	KAKA Maryam		13
8	TSHIFULARO Mbali		13
9	van ZYL Hybre'Mieke		13
10	FANI Neliswe		12
11	RAMATHUBA Ofuna		13
12	WALSH Rachel		13
13	KGWELE Refilwe		13
14	COETZEE Sune'		13
15	NAIDOO Taslyn		13
16	SITHOLE Kuhle		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	GOLACH Des
Head Coach	HAWKER Lisa

Team Colours

Shirts	Navy Yellow
Skirts	Navy
Socks	Yellow Navy
GK Shirts	Green Green

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)

2025 - U14 Girls Nationals

4 - 7 Jul 2025

Johannesburg



Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	ISAACS Leah (GK)		13
2	WARNER Emma		13
3	MORGAN Marissa (C)		13
4	van der VENT Keerah		13
5	MARTIN Salma		13
6	JACOBS Salma		13
7	LAVER Casey		13
8	BOTTGER Claudia		13
9	ACCOM Cayleigh		13
10	MAUREL Georgina		13
11	SWARTZ Gabriella		13
12	MOYO Megan		13
13	HARRIS Lily		13
14	NYEMBE Sibusiswe		13
15	GELDENHUYS Tiffany		13
16	KHAN Rana		13

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-12-31

Team Staff

Role	Name
Team Manager	MUNRO Catherine
Head Coach	SYMONS Lee

Team Colours

Shirts	Red Royal Blue
Skirts	Royal Blue
Socks	Red Royal blue
GK Shirts	White Pink

Assistant Tournament Directors: FRANKEN Hannah (RSA), VAN COPPENHAGEN Sherilee (RSA)