

2025 SADC Women
7 - 12 Jul 2025
Polokwane



Team Details Eastern Province

Shirt No.	Player	Date of Birth	Age*
	MBELANI Siyabukwa		20
	KILLIAN Chantè		18
	BANFIELD Bianca		26
	GESWINDT Caryn		20
	DE LANGE Anuchka		21
	CANNON Taylon		21
	JIKELA Wanda-Umzi		20
	PRETORIUS Angie		21
	FOURIE Inge		
	TERBLANCHE Chloe		18
	NGALA Diara		18
	van ROOYEN Clarissa (GK)		21
	GQUBULE Agcobile		
	KARSTEN Kelly		18
	OPPELT Tatum		35
	ERASMUS Terri		38

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	TERBLANCHE Zelna
Head Coach	WHALE Timothy

Team Colours

Shirts	Red Black
Skirts	Black Red
Socks	Red Black
GK Shirts	Lime Green & Black Orange

Tournament Director: DELPORT Daphne (RSA)

2025 SADC Women
7 - 12 Jul 2025
Polokwane



Team Details Eden

Shirt No.	Player	Date of Birth	Age*
1	GRAUPE Renate (GK)		27
2	ARNOTT Sarah		19
3	MARITZ Maralise (C)		33
4	PICK Suretha		37
5	PITT Rene		31
6	VAN ANTWERP Jayda		
7	HONIBALL Kelly		
8	RENSBURG Martinè		20
9	FERREIRA Maaïke		24
10	WASSERMAN Janine		23
11	WARNICK Jessica		20
12	CUPIDO Adriana		33
13	OOSTHUIZEN Jessica		23
14	MASUKU Nqobile		
15	BOTHA Danika		22
16	du PLESSIS Eulize		19

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	NEL Mari
Head Coach	PITT Michael

Team Colours

Shirts	Bottle Green White
Skirts	Bottle Green
Socks	Bottle Green (white Hoops)
GK Shirts	Grey Royal Blue

Tournament Director: DELPORT Daphne (RSA)

2025 SACD Women
7 - 12 Jul 2025
Polokwane



Team Details KZN Coastals

Shirt No.	Player	Date of Birth	Age*
1	O'BRIEN Callen (GK)		26
2	LATEGAN Tamryn		25
3	van ONSELEN Cara		21
4	JANSE Emily		30
5	FOURIE Tanya		28
6	SCHULZ Birgit		28
7	du PREEZ Joey		18
8	VISSER Mari-Lee (C)		29
9	TRIMBORN Kelly		26
10	MARX Zandeele		31
11	CAKATA Nomkhitha		
12	MZULWINI Luynada		28
13	OOSTHUIZEN Charnique		21
14	SNYMAN Elma-Marie		30
15	GOKUL Sria		23

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	MCDONALD Catherine
Head Coach	LEAITY Cade

Team Colours

Shirts	White (Black Stripes) Black (White Stripes) Black (B & W Blocks)
Skirts	Black
Socks	Black/White Hoops
GK Shirts	Dark Green (orange insets) Red (Black insets)

Tournament Director: DELPORT Daphne (RSA)

2025 SADC Women
7 - 12 Jul 2025
Polokwane



Team Details Limpopo

Shirt No.	Player	Date of Birth	Age*
1	TRÖGER Alana (GK)		39
2	KASSELMAN Danielle		23
3	ROSSOUW Christine		24
4	MAMABOLO Salome		
5	LOPES Mituxa		36
6	BERGMANN Zoe		22
7	van SCHALKWYK Ashley		38
8	van HEERDEN Andri		41
9	VENTER Bercha		23
10	TROLLIP Henriette		35
11	MULLER Marilize		27
12	SPIES Kayla		24
13	KGAABI Tlou		20
14	KRUGER Jannieke		19
15	NEL Marili		18
16	LETSOALO Dineo		20
17	VOSLOO Clerize		18
18	du PLESSIS Chantel (GK)		35

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	KOSTER Zoë
Head Coach	MABAYAH Tatenda
Physiotherapist	SENWAMADI Blatina

Team Colours

Shirts	Royal Blue Red
Skirts	Royal Blue Red
Socks	Blue (R & W Stripes) Red (Blue & W Stripes)
GK Shirts	Yellow Orange

Tournament Director: DELPORT Daphne (RSA)

2025 SACD Women
7 - 12 Jul 2025
Polokwane



Team Details Mpumalanga Highveld

Shirt No.	Player	Date of Birth	Age*
1	SEYFFERT Danielle (GK)		18
2	DE WET Elize		19
3	HARMSE Janice		25
5	WELMAN Estee		21
6	BARNARD Marni		19
7	CRONJE Luandre		18
8	COETZEE Demi		19
9	ROUX Charlene		32
10	BRITZ Amke		30
11	VENTER Melissa (C)		41
15	BEZUIDENHOUT Elandri		19
17	MAMPURU Kamo		22
20	PRINSLOO Carla (C)		25
22	DU PLOOY Nadine		21

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	VENTER Fanus
Head Coach	DE JAGER Reynard

Team Colours

Shirts	Yellow Royal Blue
Skirts	Royal Blue Black
Socks	Yellow Royal Blue
GK Shirts	Orange Purple

Tournament Director: DELPORT Daphne (RSA)

2025 SACD Women
7 - 12 Jul 2025
Polokwane



Team Details Mpumalanga Lowveld

Shirt No.	Player	Date of Birth	Age*
1	STEINKE Dikgabile (GK)		19
3	NCONGWANE Nosi		27
4	STANDER Jacolette		26
7	MORGAN Rochanney		32
8	MERRYWEATHER Nicole		33
10	NEL Kiara		20
11	DUBE Ntokozo		24
12	MANDERS Jeneen		38
14	CLARKE Carey (C)		44
15	HARRIS Kelnic		19
15	VAN ANTWERPEN Ladya		42
19	HAYCOCK Tamryn		19
20	MOLEKOANE Thabang		25
21	PRINSLOO Clara		26
22	HAYCOCK Tara		23
23	COETZER Salome		24

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	BARNARD Juanta
Head Coach	SHABALALA Zipho

Team Colours

Shirts	Yellow Royal Blue
Skirts	Royal Blue Black
Socks	Yellow Royal Blue
GK Shirts	Lime Green Burgundy

Tournament Director: DELPORT Daphne (RSA)

2025 SACD Women
7 - 12 Jul 2025
Polokwane



Team Details Northernns

Shirt No.	Player	Date of Birth	Age*
1	JOHNSON Denise (GK)		38
2	GELDENHUYS Beulah (GK)		
3	MLANDULI Asanda		33
4	NEYT Gaby		25
6	STRYDOM Nicea		
7	MYEZA Minehle		19
9	de VILLIERS Neo		21
10	van DYK Liane		
11	RALL Lianca		28
12	PITOUT Michelle		35
13	BOLHUIS Ceinwyn-Leigh (C)		35
14	DE WET Carla		26
15	TALA Rethabile		23
17	DORMEHL Rochelle		19
19	NETHONONDA Adu		22
21	POSTMUS Inge		31
22	NKABINDE Busisiwe		18
23	ROKGOTHO Mantaba		22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	VAN VUREN Hannah
Stand-In Manager	STONE Nelia
Head Coach	PHIRI Unathi

Team Colours

Shirts	Navy Blue Light Blue
Skirts	Navy Blue
Socks	Navy Blue (Light Blue Turnover) Light Blue
GK Shirts	Orange Pink

Tournament Director: DELPORT Daphne (RSA)

2025 SACD Women
7 - 12 Jul 2025
Polokwane



Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	van WYK Lisa (GK)		30
2	THEUNISSEN Demi		20
3	van der MERWE Abygail		19
4	JOHNSON Kiara		19
5	GILBERT Lauren		27
6	LAUBSCHER Leshae		20
7	du PLESSIS Shana		21
8	BODENHAM Nabeelah		22
9	RAUTENBACH Tatum		19
10	SCHEEPERS Danelle		20
11	PARKER Faatimah		20
12	PETERSEN Caitlyn		24
13	WILLIAMS Erin		25
14	BEZUIDENHOUT Talnè		17
15	CORNELIUS Marizelle		26
18	du PIESANIE Elze (C)		24

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2025-07-07

Team Staff

Role	Name
Team Manager	FOURIE Charlene
Head Coach	OLIVIER Jp

Team Colours

Shirts	Navy (White inset) White (Navy inset)
Skirts	Royal Blue
Socks	Navy Red
GK Shirts	Pink Black

Tournament Director: DELPORT Daphne (RSA)