

Team Details KZN Raiders

Shirt No.	Player	Date of Birth	Age*
5	KROUTZ Tatum		21
6	PAKENDORF Tara		17
7	DEN BAKKER Cailynn		22
8	SWANEPOEL Kelsey		23
9	MACQUET Emily		17
11	DU PLESSIS Lilian		31
12	PENNISTON Chardinay		26
14	HALLIDAY Badrunnisaa		24
15	HAMZA Malikah		20
16	LARDANT Jessica (C)		26
23	GREYVENSTEIN Cheree (C,GK)		27
32	NKOSI Aphumelele (GK)		21

NB: Team lists are subject to change following the tournament briefing meeting

Team Staff

Role	Name
Team Manager	SHANGE Zimmisele
Head Coach	PRICE Calvin

Shirts	Black White
Skirts	Black Black
Socks	Black Black with White hoops
GK Shirts	Pink Yellow



^{*} As of 2024-02-28



Team Details Mpumalanga

Shirt No.	Player	Date of Birth	Age*
1	HARTZENBERG Megan (GK)		17
2	du PREEZ Trinity		21
3	NEL Nicole		21
4	PARSONS Ashlea		19
5	NEL Monique		21
8	VILAKAZI Aisha		19
10	NTOBENG Ntando		19
11	HENNING Gia (C)		22
14	MASUKU Bathobile		16
15	MATHEBULA Risuna		22
17	NEL Jamie-Lee (C)		22
29	MANZI Motheo (GK)		18

NB: Team lists are subject to change following the tournament briefing meeting

Team Staff

Role	Name
Team Manager	DORFLING Roelien
Head Coach	FLOWERS Tracey
Assistant Coach	JOOSTE Sunelle

Shirts	Yellow Royal Blue
Skirts	Royal Blue Navy Blue
Socks	Yellow Royal Blue
GK Shirts	Orange Purple



^{*} As of 2024-02-28



Team Details Northern Blues

Shirt No.	Player	Date of Birth	Age*
1	SWANEPOEL Charlize (GK)		24
4	FOURIE Tegan (C)		25
7	FOURIE Cerian		20
8	CRAWFORD Tristan		23
9	BRISSET Laiken		19
10	MEDUPE Kutlwano		22
11	MAROKOANE Maikemisetso		24
13	ENGELKE Baylee		18
14	TROMP Anja		18
16	PORTER Elizabeth		18
19	MOREMA Pretty		22

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-02-28

Team Staff

Role	Name
Team Manager	PERSHOUSE Kaylin
Head Coach	MBEKENI Sinoxolo

Shirts	Navy Sky
Skirts	Navy Navy
Socks	Navy Sky
GK Shirts	Yellow Orange





Team Details North West

Shirt No.	Player	Date of Birth	Age*
1	MCLAREN Leané (GK)		19
2	WILSON Kelly (GK)		18
3	ABRAHAMS Aakifah		19
4	KEULDER Juane		19
5	KOCK Tamlyn (C)		21
6	DE LA REY Teshawn		18
7	DE WET Charne		23
9	SWART Georgia		18
10	DE WET Donne		23
12	ADAMS Kirsty (C)		24
15	MKHWANE Sanda		19
16	MZIZI Nomsa		19

NB: Team lists are subject to change following the tournament briefing meeting

Team Staff

Role	Name
Team Manager	KOMANE-NEL Nelson
Head Coach	HULLEY Shaun

Shirts	White/Red Green/White
Skirts	Red Green
Socks	Red White
GK Shirts	Blue Pink



^{*} As of 2024-02-28



Team Details SG Witsies

Shirt No.	Player	Date of Birth	Age*
1	WENTZEL Nerissa (GK)		17
4	DAVIS Tayla		22
6	FERREIRA Gabriella		22
8	KOCK Tamika		19
9	HUNZIKER Daniella		17
13	ATKINS Keagan		22
14	READHEAD Ashleigh		26
16	KAVANAGH Alexandra (C)		26
18	READHEAD Caitlin		22
19	MASONDO Unathi		17
20	PAGE Shanae		23

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-02-28

Team Staff

Role	Name
Team Manager	PAGET Barbara
Head Coach	MTHEMBU Sizwe

Shirts	Navy Yellow
Skirts	Navy Navy
Socks	Navy Yellow
GK Shirts	Green Red





Team Details Southern Gauteng

Shirt No.	Player	Date of Birth	Age*
1	PAGET Sarah (GK)		22
3	MASONDO Unathi		17
5	ABRAHAMS Courtney		24
6	TERBLANCHE Gabriella (C)		24
7	DESAI Gabriella (C)		22
8	HAUPT Erin		23
9	ANTICEVICH Aimée		24
10	ABRAHAMS Raffael		16
11	MOABI Bonolo		21
12	FAIRON Amber		16
15	KRUGER Jahntwa		24

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-02-28

Team Staff

Role	Name
Team Manager	MTOLO Nonnie
Head Coach	LOUW Lance

Shirts	Yellow Navy
Skirts	Navy Navy
Socks	Yellow Navy
GK Shirts	Green Red





Team Details Western Province

Shirt No.	Player	Date of Birth	Age*
1	THORBURN Ella (GK)		20
4	SOUTHGATE Jamie (C)		25
5	THOMAS Ashleigh		24
6	Mendes de OLIVEIRA Daniella		20
8	DAVIDS Laylaa		22
9	BOOYENS Isabella		22
10	WINTER Michelle		26
11	SIVERTSEN Sasha (C)		25
12	JEFFERY Chelsea		22
20	MODIAKGOTLA-BOTHA Talita		19
32	COCHRANE Grace (GK)		21

NB: Team lists are subject to change following the tournament briefing meeting

* As of 2024-02-28

Team Staff

Role	Name
Team Manager	DAVIDS Bronwyn
Head Coach	THONISSEN Luke

Shirts	Royal Blue White
Skirts	Royal Blue Royal Blue
Socks	Royal Blue Red
GK Shirts	Pink Black





Team Details WP Peninsula

Shirt No.	Player	Date of Birth	Age*
1	DESAI Manisha (GK)		19
4	STEYN Lize'		24
6	BLOWS Jodie		18
7	ANTONY Mbali		19
8	GRADWELL Jesse		18
9	CHISHOLM Jamie		30
10	BARNARD Morgan (C)		21
13	SULAIMAN Nihaad		19
14	MXINWA Siliziwe		22
15	MARTIN Tayla		21
20	ANDREW Mia		18
32	ADAMS Emily (GK)		19

NB: Team lists are subject to change following the tournament briefing meeting

Team Staff

Role	Name	
Team Mar	nager NORTO	N Natasha
Head Co	ach HENSH	ILWOOD Shaun

Shirts	Sky Blue White
Skirts	Sky Sky
Socks	Sky Blue Red
GK Shirts	Pink Black



^{*} As of 2024-02-28